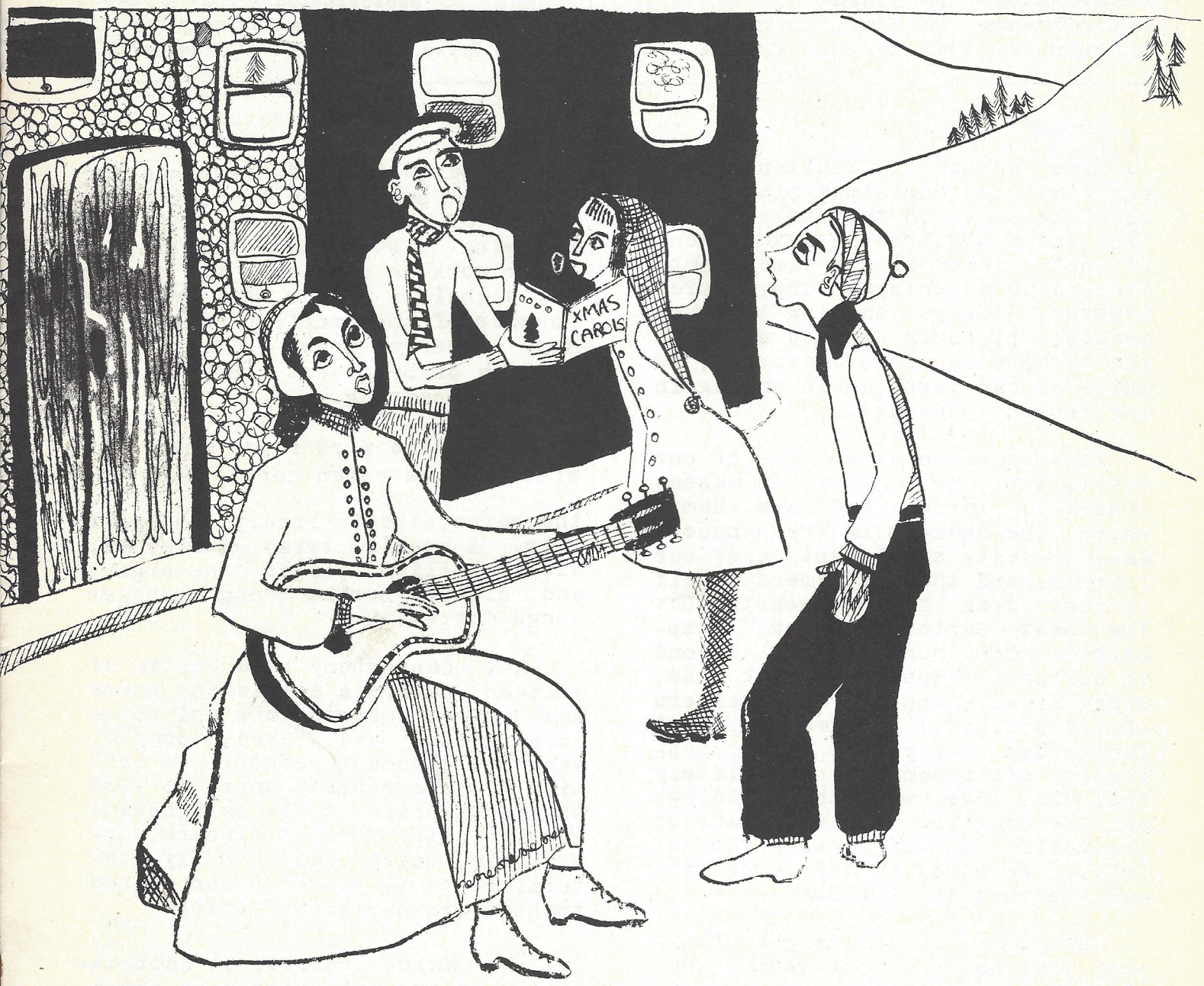
PROMENADE



SUE ELSON

The Magazine of American Folklore

Vol. VII No. X

"The purpose of the American Square Dance Group is to make available those rich stores of native dance, music, and general Americana which comprise American folk culture; to conduct activities without regard to race, creed, color or social position; to cooperate with those who hold similar views." Constitution of the A.S.D.G.

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It's a bit difficult now, in the midst of Christmas plans, to modulate back to the summer vacation and recapture the excitement of what seemed at the time to be tremendous adventure. There are, however, always shining bits of images, pictures pasted away in the scrapbooks of our memories, to which we can turn again and again for renewed pleasure.

This is especially true of our visits with the Shakers in Massachusetts, Maine, and New Hampshire. The Shakers in the Hancock, Massachusetts settlement are our friends, and the settlement itself is most dear to our hearts, but the East Canterbury (New Hampshire) colony runs a close second in our affections. We, Dick Haas, Jerry Kreger, and I, (all members of the A.S.D.G.) arrived at East Canterbury on a rainy, soft, September afternoon and immediately fell in love with the buildings and the grounds. The view across the valley was paralyzingly beautiful. We stood in the quiet rain and absorbed the silence.

Our guide, Sister Bertha Linsey, took us on a tour which usually lasts a half-hour,but seemed, somehow, to consume two full hours without a single slow minute. Sister Bertha showed us the old meeting house, built in 1792, and allowed us to visit places not open to the general public. It was exciting and inspiring, and made me, for one, vow that I'd learn everything I could about these remarkable people.

The next day we returned and obtained permission to take pictures of the buildings, of the obliging sisters who interrupted their work to pose for us, of Ann Lee's chair. Mother Ann was the founder of the American Shakers , more properly known as the United Society of Believers in Christ's Second Appearing.

We saw the work rooms where the sisters make woven poplar baskets, the barns, the infirmary, the gift shop. A special treat awaited us. Sister Lillian played the organ, and Sister Bertha sang Shaker songs for us.

East Canterbury is a colony of sixteen Shakers,a settlement where some three hundred men and women once worked and lived, prayed, sang and danced together. We left with sincere regret, sorry to part so soon, ashamed to be so ignorant, humble in the face of sincere, unshakable, quiet faith, fully determined to be better human beings than we are capable of being.

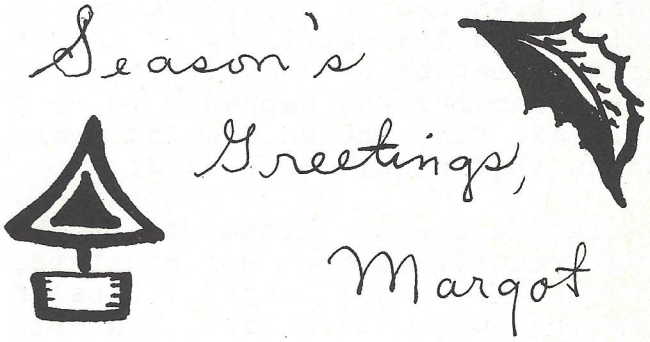
The Maine Shakers, at Sabbathday Lake,are undoubtedly as sympathetic and friendly as the New Hampshire Shakers, but we caught them on an off-day. Again it was raining and cold. We arrived on a day when all the official guides were away from home, and it was only because the Shakers are generous people that one sister finally offered to give up her afternoon and take us on a tour.

Again we saw things that the average tourist does not see. Most exciting to us were the drawers full of wonderful old pictures showing the Shakers in many informal poses.

A visit to the Shaker Museum at Harvard, (the town not the school) climaxed our trip, for although there are no Shakers left in Harvard, the beauty of their craftsmanship, the beauty of their simple exquisite furniture and handicrafts, the utter simplicity of their religion, is lovingly preserved in this museum.

That was September, and the end of summer. This is Christmas, the beginning of a new year, the renewing of hopes, the reaching forwards toward something better and lasting, the stirring of something deeply religious in most people.

Perhaps, this Christmas we can gain something from our Shaker friends who say, "Our religion knows no sect or creed. We can worship with anyone we choose, and in any church we choose." It's something to think about!



Notes of Interest

Joseph Marais and Miranda will appear in a program of folk songs at Twon Hall on Sunday evening, December 18. The program will consist primarily of South African songs, plus some American, French and English tunes.

The Brooklyn Museum is featuring an American Folk Art show through January 8. The exhibit includes furniture, samplers, and handicrafts of America.

Burl Ives will appear as Squire Hardcastle in She Stoops to Conquer at the New York City Center Theater starting December 28.

Decca is reissuing A.S.D.G.'s album of Quadrilles on a Long Playing Record.

Let's Square Dance is a booklet prepared by the Prima Footwear Company for all square dancers. It is a handy, Pocket-sized pamphlet containing hints for beginners, suggestions for square dance costumes, and some simple dances. It may be obtained free from Prima Footwear Company, 705 Ann Street, Columbus 6, Ohio.

The American Folklore Society will hold its annual meeting at the Library of Congress in Washington, D.C. on December 28 & 29.

A.S.D.G. has open houses on the second and fourth Saturday of every month. They are held at the 110th Street Community Center, 31 West 110 Street, New York, from 8:30 to 11:30.

Folklore is such an all inclusive subject that it is difficult to tell where it leaves off and other branches of knowledge begin. This makes the compiling of a book list a matter of heartbreak for the compiler who happens to be a folklore fan--there are so many books that should be listed!

The following lists of books and recordings are not complete, but we hope that they will be of use to our subscribers and will serve, perhaps, to show what we think is American folklore.

The books dealing directly with folk dancing can be purchased at the Kamin Dance Bookshop, 1365 Sixth Avenue. This bookshop has a wonderfully complete collection of dance books, many of which are collector's items.

Carl Fischer's, 165 West 57th Street, and G. Schirmer's, 3 East 43rd Street, carry many of the folk music and dance books.

Our favorite record shops are The Music Room, 129 West 43rd Street, and The Village Music Shop 40 West 8th Street.

All of these stores are in New York City.

BACKGROUND HISTORY_REFERENCE BOOKS

Beebe and Clegg	U.S.West: The Saga of Wells Fargo New York: E.P. Dutton and Co.	$ 7.50
Bigelow, A.L.	Carillon: Bells and Their Music Princeton: University of Princeton Press	$ 2.00
Blegen,T.C. and Jordan,P.D.	With Various Voices St.Paul,Minnesota: Webb Publishing Co.	$ 5.00
Boatright, Mody C.	Folk Laughter on the American Frontier New York: The Macmillan Co.	$ 3.50
Butler, Pierce	The Unhurried Years: Memories of the Natchez Region Baton Rouge:Louisiana State University Press	$ 3.00
Chestnut, Mary B.	A Diary From Dixie: B.A.Williams, ed. Boston: Houghton Mifflin	$ 5.00
Clappe, Louise A.	The Shirley Letters from California Mines New York: Alfred A. Knopf	$ 3.50
Croy, Homer	Jesse James Was My Neighbor Duell, Sloane, Pearce	$ 3.50

Davis, Arthur K.	Folk Songs of Virginia Duke University Press	$ 4.00
Eaton, Allen H.	Handicrafts of New England New York: Hatper & Brothers	$ 5.00
Eaton, Clement	A History of the Old South New York: Macmillan & Co.	$ 7.00
Emrick, Duncan	It's An Old Wild West Custom Vanguard Press (and others in series)	$ 3.00
Flexner, O.T.	Steamboats Come True Doctors on Horseback New York: The Viking Press	$ 3.50 $ 2.75
Ford, Alice	Pictorial Folk Art: New England to California New York: The Studio Publications	$ 6.95
Gingerich, Melvin	Service for Peace: A History of Mennonite Civilian Public Service Akron, Pa.: Mennonite Central Committee	$
Gipson, L.H.	The Great War for the Empire New York: Alfred A. Knopf	$ 7.50
Graham, Shirley	Your Most Humble Servant: Benjamin Banneker New York: Julian Messner	$ 3.00
Gutheim, Frederick	The Potomac (and others in series) New York: Rinehart & Co.	$ 4.00
Hatcher, Harlan	The Western Reserve New York: Bobbs-Merrill	$ 4.00
Hollom, E.	The Lost Pathfinder: The Story of Pike Norman: University of Oklahoma Press	$ 3.75
Horn, S.F. ed.	The Robert E. Lee Reader Indianapolis: Bobbs-Merrill	$ 5.00
Hungerford, Edward	Wells Fargo: Advancing the American Frontier New York: Random House	$ 3.75
Ingalls, Fay	The Valley Road: The Story of Virginia Hot Springs Cleveland: World Publishing Co.	$ 4.00
Jackson, J.N.	Bad Company: The Golden State's Outlaw Era New York: Harcourt, Brace & Co.	$ 4.75
Jordan, Weymouth T.	Hugh Davis and his Alabama Plantation Tuscaloosa: Univ. of Alabama Press	$ 3.00
Josephson, Hannah	The Golden Threads: The Lowell Girls Duell, Sloan, Pearce	$ 3.75
Kane, Harnett T.	Queen New Orleans New York: Morrow	$ 5.00

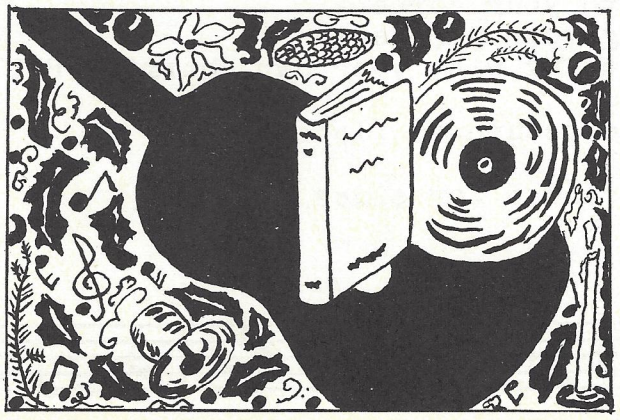
Larkin, O.W.	Art and Life in America New York: Rinehart & Co.	$ 7.95
Lubonova Bensil Salven Witzig	Dances of Czechoslovakia Dances of the Netherlands Dances of Sweden Dances of Switzerland New York: Chanticleer Press	$ 1.25
Mack, Edward C.	Peter Cooper: Citizen of New York Duell, Slaon, Pearce	$ 5.00
Masse	Chats on Old Pewter D.A. Wyn	$3.75
Newton,Earle	The Vermont Story Vermont Historical Society Press	$ 7.50
Nicholas, Edward	The Hours and the Ages: A Sequence of America New York: Sloane	$3.50
Nordyke, Lewis:	Cattle Empire: The Fabulous Story of the 3,000,000 acre XIT William Morrow & Co.	$ 4.00
Nutting, Wallace	Furniture Treasury	$10.00
O'Connor, Richard	Hood: Cavalier General New York: Prentice Hall & Co.	$ 4.00
Paden,Irene D.	Prairie Schooner Detours New York: Macmillan & Co.	$ 3.75
Peattie, Donald C.	American Heartwood Boston: Houghton Mifflin Co.	$ 3.50
Riegil, Robert C.	Young America 1830-1840 University of Oklahoma Press	$ 5.00
Rugoff, Milton	A Harvest of World Folk Tales New York: Viking Press	$ 3.95
Rogers, Agnes	Women Are Here To Stay New York: Harper & Brothers	$ 5.00
Saminsky,Lazare	Living Music of the Americas New York: Crown Publishers	$ 3.00
Snow, Edward Rowe	Strange Tales from Nova Scotia to Cape Hatteras New York: Dodd, Mead & Co.	$ 4.00
Stuart, Jesse	The Thread That Runs So True New York: Scribners	$ 3.00
Taylor, Bayard	Eldorado New York: A.A. Knopf	$ 5.00
Thorseth, Matthea	The Color of Ripening: Wobbly Days Seattle: Superior Publishing Co.	$ 3.00

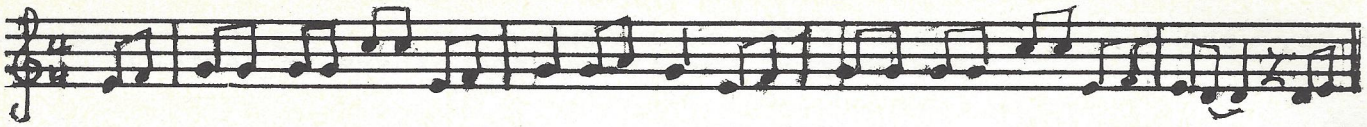
Tolles, F.B.	Meeting House and Counting House The Quaker Merchants of Colonial Philadelphia. 1682-1763 Chapel Hill: University of North Carolina Press	$ 5.00
Trollope, Mrs. Frances	Domestic Manners of the Americans edited, notes, new material by Donald Smalley New York: Alfred A. Knopf	$ 5.00
	U.S. Camera Annual	$ 6.50
Wellman, Manly Wade	Giant In Gray Charles Scribner's Sons	$ 5.00
Whitridge, Arnold	Men in Crises (The Revolution of 1848) Charles Scribner's Sons	$ 5.00

Alsberg, H.A.	The American Guide New York: Hastings House	$ 7.50
Andrews, E.A.	The Gift to be Simple New York: J.J. Augustin	$ 5.50
Ausubel, Nathan	A Treasury of Jewish Folklore New York: Crown Publishers	$ 4.00
Bayard, S.P.	Hill Country Tunes Phila.: American Folklore Society	$ 3.00
Blesh, Rudi	Shining Trumpets New York: A.A. Knopf	$ 5.00
Boni, Margaret	Fireside Book of Folk Songs New York: Simon and Schuster	$ 3.95
Botkin, B.A.	Lay My Burden Down Chicago: University of Chicago Press	$ 3.50
	A Treasury of American Folklore	$ 3.75
	A Treasury of New England Folklore	$ 4.00
	A Treasury of Southern Folklore New York: Crown Publishers	$ 4.00
Buchanan, A.M.	Folk Hymns of America New York: J.Fischer & Co.	$ 1.25
Burchenal, E.	American Country Dances New York: G. Schrimer (part of a series)	$ 2.00

Butterfield, Roger	The American Past New York: Simon & Schuster	$10.00
Carmer, Carl	Songs of the Rivers New York: Macmillan & Co.	$ 3.50
DeVoto, Bernard	Across the Wide Missouri Boston: Houghton Mifflin	$ 3.00
Dolph, E.A.	Sound Off New York: Rinehart & Co.	$ 3.00
Ford, Ira W.	Traditional Music of America New York: E.P. Dutton	$ 5.00
Handy, W.C.	Father of the Blues New York: The Macmillan Company	$ 4.00
Hayes, Roland	My Songs New York: Little, Brown & Co.	$ 3.00
Herman, Michael	Folk Dances for All New York: Barnes & Noble	$ 1.00
Hille, Waldemar	The People's Songbook New York: Boni & Gaer	$ 2.50
Jackson, George P.	Down East Spirituals White and Negro Spirituals New York: J. J. Augustin	$ 5.50 $ 5.50
Korson, George	Coal Dust on the Fiddle Strings Pennsylvania Songs and Legends Philadelphia: University of Pennsylvania Press	$ 3.50 $ 5.00
Leach, Maria	Standard Dictionary of Folklore, Mythology, and Legend (Volume 1) New York: Funk and Wagnalls	$ 7.50
Leaf, Earl	The Isles of Rhythm New York: A. S. Barnes	$ 5.00
Lomax, J. A. and Alan	Folk Song U.S.A. New York: Duell, Sloan & Pearce	$ 6.00
Lys, Claudia	A Treasury of American Superstitions New York: Philosophical Library	$ 5.00
Magriel, Paul	Chronicles of the American Dance New York: Henry Holt & Co.	$ 5.00
Mayo, Margot	The American Square Dance New York: Sentinel Books	$ 1.25
Mearns, David	The Lincoln Papers New York: Doubleday & Co.	$10.00
Nettl, Paul	The Story of Dance Music New York: Philosophical Library	$ 4.75

Niles, John J.	Songs of the Hill Folk New York: G. Schirmer (and others in series)	$ .50
Ottley, Roi	Black Odyssey New York: Charles Scribner's Sons	$3.50
Owens, W. A.	Swing and Turn: Texas Play Party Games Dallas: Tardy Publishing Co.	$2.75
Randolph, Vance	Ozark Superstitions New York: Columbia University Press	$3.75
	Ozark Folksongs Vols. 1, 11, & 111 each Columbia: Missouri State Historical Society	$4.00
Spaeth, Sigmund	A History of Popular Music New York: A. A. Knopf	$5.00
Shaw, Lloyd	Cowboy Dances Round Dances Caldwell, Idaho: Caxton Printers	$4.00 $5.00
Spence, Lewis	Myth and Ritual in Dance, Game, and Rhyme London: Watts & Co.	
Thompson, H. W.	Body, Boots, and Britches New York: J. B. Lippincott	$4.00
Thompson, Stith	The Folktale New York: The Dryden Press	$ 4.00
Toledano, Ralph de	Frontiers of Jazz New York: Oliver Durrell	$ 3.00
Shay, Frank	American Sea Songs and Chanteys New York: W.W. Norton	$ 5.00
Scarborough, Dorothy	A Song Catcher in the Southern Mountains New York: Columbia University Press	$ 4.50
Withers, Carl	A Rocket in my Pocket New York: Henry Holt & Co.	$ 3.50





BILLY BOY
by
Andy Kmetz

This is a modern "singing-call" square dance. It was "composed" by Andy Kmetz, a well-known caller from Connecticut, who was particularly popular in the Adirondack resorts just before the last war. He was a member of our group and contributed many new square dances to our repertoire.

When last heard from Andy was working for an airlines company in South America. We would be very happy to hear from Andy or from anyone who knows his present address.

Music: Billy Boy
Formation: Square set

Calls: 1. Balance to your corners
Balance to your partners
Swing your partners once around
Promenade the town
And you promenade your own charming Billy (All sing)

2. Two head ladies cross the set
Swing with your opposite
Now you run back home
And you swing your own
And you all swing your own charming Billy (All sing)

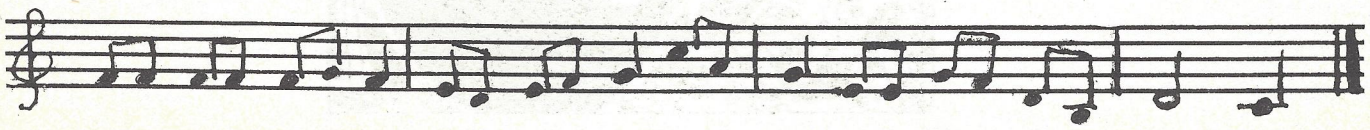
3. Allemande left with the lady on the left
Grand right and left with your partner
Meet your lady half-way round
And you promenade her home
And you promenade your own charming Billy (All sing)

Repeat 2 and 3 for sides

4. Two head couples forward and back
Forward again and change across
Balance to your corners
And swing your partners
And you swing with your own charming Billy (All sing)

5. Repeat to return to place.

Repeat 4 and 5 for sides



Descriptions:

1. Face corners, step on right foot, swing left across, step on left, swing right across.
   Face Partners, repeat balance.
   Swing partners once.
   Take partners hands in skating position, right hand in right, left hand in left, promenade around the set, counterclockwise, until back in place.

2. Two head ladies change places.
   Swing the opposite gent once.
   Return to place.
   Everyone swing partners.

3. Give left hand to corner, walk all the way around her and back to place.
   Give right hand to partner, walk past her, passing right shoulders, give left hand to next, and so on until you meet your partner.
   Promenade home.

4. Two head couples go forward and back.
   Go forward again and the ladies change places.
   Balance to your corners.
   Swing new partners.

FOLK RECORDS

Beethoven Scottish Songs	Richard Dyer-Bennett Concert Hall Society L.P. Chc.13	
Folk Songs	Kathleen Ferrier London FFRR LSD 48 L.P.	
Brazilian Songs	Elsie Houston Victor M798	
English & French Folk Songs	Peter Pears, tenor Benjamin Britten, piano London FFRR	$ 3.94
Negro Spirituals	Helen Traubel Columbia ML 4221	$ 3.40
Songs of the Auvergne	Madeline Grey Columbia MM 758	

CHILDREN'S BOOKS

Angelo, Valenti	The Bells of Bleecker Street New York: The Viking Press Ages 8-12	$ 2.50
Baker, N.B.	Ten American Cities, Then and Now New York: Harcourt Brace Ages 12 up	$ 2.50
Beatty, H.B.	Little Wild Horses Boston: Houghton Mifflin Ages 4-8	$ 2.00
Beim, Lorraine	Hurry Back: An auto trip to California New York: Harcourt Brace Ages 8-12	$ 2.25
Brill, Ethel C.	Copper Country Adventure New York: Whittlesey House Ages 12 up	$ 2.50
Buff, Mary & Conrad	Peter's Pinto New York: The Viking Press Ages 8-12	$ 2.00
Bulla, Clyde R.	The Secret Valley New York: T.Y. Crowell Ages 8-12	$ 2.25
Carmer, Carl	Hurricane Luck New York: Aladdin Books Ages 4-8	$ 1.75
Caudill, Rebecca	Tree of Freedom New York: The Viking Press Ages 10-14	$ 2.50
Chase, Richard	Hullabaloo & Other Singing Folk Games Boston: Houghton Mifflin All ages	$ 2.00
Coolidge, Olivia	Greek Myths Boston: Houghton Mifflin Ages 12 up	$ 2.75
Creddle, Ellis	The Adventures of Tittle-Tom New York: Oxford University Press 4-8	$ 1.75
Daringer, Helen F.	Pilgrim Kate New York: Harcourt Brace Ages 12 up	$ 2.50
Felton, Harold W.	Pecos Bill: Texas Cowpuncher New York: A.A. Knopf Ages 12 up	$ 2.50
Fisher, Dr. Clyde	Audubon New York: Harper & Brothers All ages	$ 2.50
Foster, G.	George Washington: An initial Biography New York: Scribner's Ages 8-12	$ 2.00
Garst, Shannon	Silver Spurs for Cowboy Boots New York: Abingdon-Cokesbury Press 4-8	$ 2.00

Hartwell, Nancy	Gabriella New York: Henry Holt& Company Ages 8-12	$ 2.50
Hatch, May C.	More Danish Tales New York: Harcourt Brace Ages 8-12	$ 2.50
Havighurst, W.&M.	Song of the Pines Phila.:J.C. Winston Ages 8-12	$ 2.50
Holbrook, Stewart	America's Ethan Allen Boston: Houghton Mifflin Ages 10-14	$ 2.50
Howard, Elizabeth	North Winds Blow Free New York: William Morrow Ages 12 up	$ 2.50
Jagendorf, M.A.	The Marvelous Adventures of Johnny Darling New York: Vanguard Press Ages 8-12	$ 2.75
	New England Bean Pot	$ 2.75
	Upstate, Downstate New York: Vanguard Press Ages 8-12	$ 2.75
Jones, Louis C.	Spooks of the Valley Boston: Houghton Mifflin Ages 8-12	$ 2.50
Judson, C.I.	Green Ginger Jar Boston: Houghton Mifflin Ages 12 up	$ 2.50
Karasz,Ilonka	The Twelve Days of Christmas New York: Harper Brothers All Ages	$ 1.50
Kingman, Lee	The Best Christmas New York:Doubleday Junior Books All ages	$ 1.50
Lattimore, E.	Davy of the Everglades New York: William Morrow Ages 4-8	$ 2.00
Lenski, Lois	Cotton In My Sack New York: Lippincott Co. Ages 6-9	$ 2.50
	Cowboy Small New York: Oxford University Press 3-6	$ 1.00
LeSueur, Meridel	Nancy Hanks of Wilderness Road New York: A.A. Knopf Ages 8-12	$ 2.50
Malvern, Gladys	Eric's Girls New York: Julian Messner Ages 10 up	$ 2.50
Martin, Ethel B.	Judy-Come-Lately New York:Harcourt Brace Ages 8-12	$ 2.25
Medary, Marjorie	Prairie Printer New York: Longmans,Green & Co. 12 up	$ 2.75
Mitchell, Broadus	American Adventure New York:Harper Brothers Ages 10 up	$ 2.50
Patterson, Emma L.	Midnight Patriot New York: Longmans,Green & Co. 14 up	$ 2.75

Phelps, Margaret	Toby on the Sheep Drive Phila.;Macrae Smith	Ages 9-12	$ 2.50
Prud'Hommeaux, Rene	The Sunken Forest New York: Viking Press	Ages 10-14	$ 2.50
Ritchie, Alice	The Treasure of Li-Po New York: Harcourt Brace	Ages 9-12	$ 2.00
Running, Corrinne	When Coyote Walked the Earth New York: Henry Holt	Ages 9-14	$2.00
Sechrist, E.H.	Once in the First Times: Phillipine Folk Tales Phila.: Macrae Smith	Ages 9-12	$2.50
Sperry, Armstrong	Black Falcon: Jean Lefitte Phila.: John C. Winston	Ages 12 up	$2.50
Swayne, Sam & Zoa	Great-Grandfather in the Honey Tree New York: Viking Press	Ages 5-10	$2.00
Uchido, Koshiko	The Dancing Kettle & Other Japanese Folk Tales New York: Harcourt Brace	Ages 8-12	$2.25
Vance, Marguerite	The Lees of Arlington New York: E.P.Dutton	Ages 12 up	$2.50

CHILDREN'S RECORDS

French Folk Songs for Children	Louis Chartier Volume 1 Decca 4 Volume 2 Decca 24	each $ 3.15
The Birth of Paul Bunyon	Tom Glazer Young People's Records 404	$ 1.54
Let's All Join In	Pete Seeger Young People's Records 403	$ 1.54
Songs To Grow On:		
Nursery Songs	Woody Guthrie Disc 605	$ 3.15
School Days	Leadbelly,Cisco Huston,Charity Bailey Disc 604	$ 3.15
Work Songs	Pete Seeger, Cisco Huston.Charity Bailey	$ 3.15
Underground Train	Kenneth Spencer Young People's Records 406	$ 1.54
Singing Games	Madge Tucker Victor Y335	$ 1.25
When The Husband Kept House	A Norwegian Folk Tale	$ .63

A TREASURY OF SOUTHERN FOLKLORE:
Stories, ballads, traditions, and folkways of the South.
Edited by B. A. Botkin.

Crown Publishers,
New York, N.Y.
1949. $4.00

B.A. Botkin's new book in his treasury of American folklore series is, as the others have been, scholarly, but not academic, and an invaluable reference.This volume is a comprehensive survey of the folk-culture of the American South, and to it Botkin has added something new. He has included in his book a consideration of the folklore of the, heretofore neglected, southern "quality", the aristocratic upper-class of the South who ruled for so long, and left so definite a mark on our culture. Ordinarily Southern folklore concerns primarily two groups: The Negro, as slave and freeman; The "poor white". Botkin takes all three groups, and presents them as component parts of one civilization.

In his examination of these three groups and their cultures, Botkin has been quick to seize on one idea common to all,clannishness and excessive family pride. Again and again he brings out the close-knit nature of Southern society, which prevents a Northerner from ever becoming a Southerner, a Kentuckian from ever, even after many years, becoming a Virginian, or a Langley from becoming an Allen, no matter how many inter-marriages there have been.

Botkin has omitted one rather unpleasant factor, which is ever-present in Southern culture and Northern criticism of the South: lynching. He has underplayed the "Jim Crow" attitudes of the South to such an extent as to ignore them. Any complete study of the South must present this evil in order to be truly honest.

There are some things missing in this volume; too little space is devoted to the song and dance of the South; and the Creole culture is almost entirely omitted. Compensation is found in the added item, such as the section devoted to food. It is in this part of the book,especially, that the differences between New England and the South become apparent.

It should be stressed again, that this is a reference volume, to be read a bit at a time. Read through from cover to cover, it might prove dull; but taken the way it was meant, as an accurate and complete reference to the folklore of the South, it is an invaluable addition to any folklore library.

LYDIA PINKHAM IS HER NAME
by Jean Burton

Farrar & Strauss $2.75

8 Ounces True Unicorn Root
8 Ounces False Unicorn Root
6 Ounces Life Root
6 Ounces Black Cohosh
6 Ounces Pleurisy Root
12 Ounces Fenugreek Seed

This is the formula which made a fortune and history. It is the original recipe used by Lydia Estes Pinkham in the manufacturing of her Vegetable Compound.

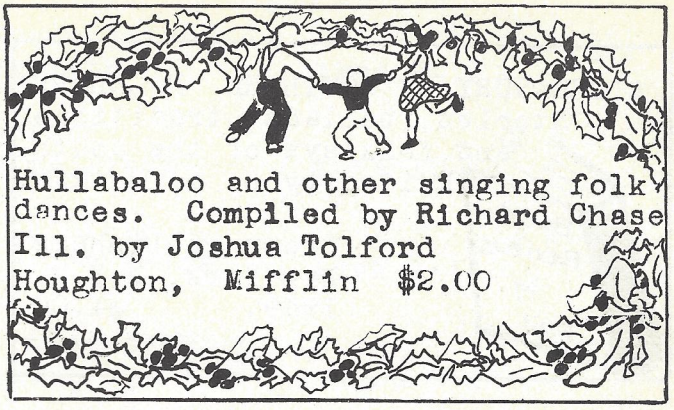
Jean Burton has taken the tale of Lydia Pinkham and her wonderful elixir and woven them into a fascinating biography of a fascinating business. The book tells of the first struggle for success in a small Massachusetts town,and

the days of world fame,and of the bitter fight for control of the business, which was not settled until 1939.

The author gives a careful explanation of what made Lydia Estes Pinkham the kind of woman she was.The Esteses were stern abolitionists, sprung from a long line of devout Quakers who left their society on account of the slavery issue. The Esteses women had always had minds of their own,and there is a record of women in the family owning property when such a practice was virtually unknown. Lydia was given more schooling than the average girl of her age; she was taught in grammar school by a follower of Bronson Alcott's progressive education, and was allowed to go on to the academy. It is not surprising therefore that Lydia should have proved independent enough and far-seeing enough to start her own business.

There is a great deal of fascinating material in the book which is not directly connected with the Pinkham enterprise. An account of the abolutionist activities of the Estes family and their friendships with John Greenleaf Whittier, Wendell Phillips, William Lloyd Garrison, and Frederick Douglass: some glimpses of the long, complicated history of medicine in America; and humouous often hilarious, examples of the advertising of the day.

This book is not one of that school of biography which describes in detail the clothes the heroine wore, or what she ate for breakfast, but it is an interesting, detailed account of the life of an American phenomenon, Lydia Pinkham's Vegetable Compound.



Hullabaloo and other singing folk dances. Compiled by Richard Chase
Ill. by Joshua Tolford
Houghton, Mifflin $2.00

This new book of dances, primarily planned for children, is simple and clear throughout. The dances are actually singing games which have been played for centuries. The instructions are concise, but perfectly lucid. Mr. Chase has that enviable talent for writing for children but not down to them. He has included some familiar favorites (Bow Belinda, Roman soldiers) and some new, for us at least, games which he learned in the south. The music is all in very simple keys, (g,c,f) so that even the most inexperienced musician can easily play them. Mr. Chase suggests that these dances be done to singing rather than instrumental accompaniment.

Unfortunately the diagrams which accompany the dances are not as clear as they might be. They take some getting used to, and it is doubtful whether they would actually help any child to better understand the dances. The illustrations are delightful, though, black and white drawings of children doing the dances, and make the book more attractive.

Hullabaloo will be appreciated by teachers as well as by children, so keep it in mind when you do your Christmas shopping.